



# Anti Bullying Policy



We want our school to be a place where everyone feels happy and safe. Bullying is not allowed at our school.



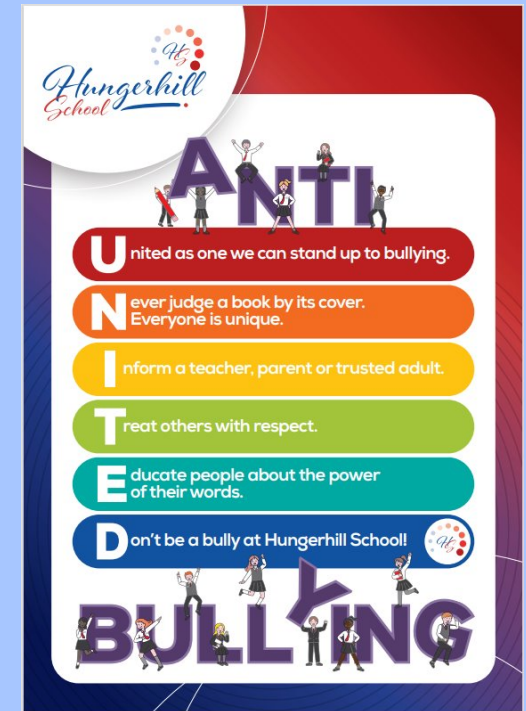
## What is Bullying?

Bullying is targeted behaviour online or offline that causes harm. It is repeated. It's being hurt by words or actions on purpose. It is deliberate negative behaviour by a person or group of people.



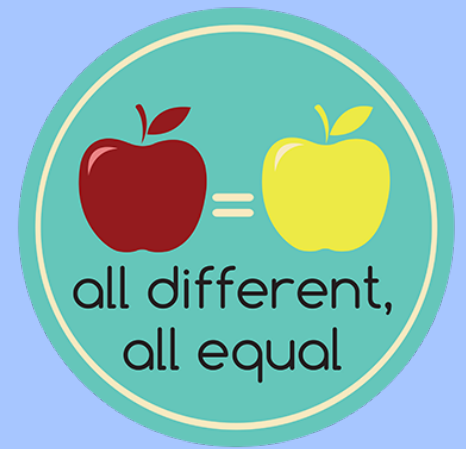
## Who should you tell?

- Tell a trusted adult
- Tell a teacher
- Tell a friend



## Types of bullying are:

- **Cyber:** saying or posting hurtful messages or images online even only once.
- **Physical:** punching, kicking, pushing, hitting, pinching etc.
- **Emotional:** being excluded, making jokes about them etc.
- **Identity-Based:** treating people differently because of their skin colour, religion, gender identity, sexual orientation etc.
- **Verbal:** being teased, name calling, making fun of etc.
- **Additional Needs:** treating those with additional needs differently, mocking behaviours or speech etc.



Let's stick together and bí cineálta!